

AURA

Nestled in Lassi Khana – the erstwhile royal kitchens of Ran Baas at Qila Mubarak, Patiala - Aura transports you to a world of bliss, peace and inner glow. We invite you to enjoy an experience of complete relaxation, guided by gentle hands that help you explore your inner world as they restore and rejuvenate you.

Immerse in the wellness of our handpicked ingredients which are used for their purifying and detoxifying properties. Our Spa therapists are professionally and extensively trained in a variety of styles and therapies that can be handcrafted for you.

Our vaulted therapy rooms are an oasis of calm and peace. Indulge in the opulence and grandeur of a royal way of life at Aura, Ran Baas The Palace, Patiala.



OUR INGREDIENTS

Enconded in ancient wisdom, our ingredients are a careful selection of natural products, best known for their scientific and holistic properties.

Four exotic blends of massage oils exclusively developed by Aura, with a base of the purest form of sesame and jojoba oils to complement your mood.

HAPPINESS

A fragrant oil with floral notes and extracts of rose, ylang-ylang and jasmine, lavender and peppermint. This oil has sedative properties, is a good emollient for the skin and inspires positive thoughts.

FREEDOM

An invigorating blend of lemongrass, rosemary, peppermint, geranium and cider. This aids in combating fatigue and relieving muscular pain.

SPIRITUALITY

A refreshing blend of clove, thyme, tea tree, lavender and spearmint, which detoxifies while dispelling negative emotions and calms the senses.

INNOCENCE

A sweet, fulfilling mélange of sweet basil, bergamot, patchouli and lavender which reduces cellulite, improves blood and vascular circulation while working against anxiety and depression.

Government taxes & service charges as applicable

Signature Rituals

AURA MASSAGE

The signature massage of Aura is a well-balanced blend of ancient Indian and contemporary massage techniques. The therapist uses the entire palm in vigorous strokes to release toxins in the body.

Duration : 90 mins

Price : Rs 9000

BALINESE MASSAGE

A traditional massage from the island of Bali. The Balinese touch uses the thumb and the palm for a full body massage to improve blood circulation, relax the body and mind. Our soothing essential oil Happiness is used in this massage.

Duration: 60 mins / 90 mins

Price: Rs 6500 / Rs 8000

DEEPTISSUE MASSAGE

Deep tissue massage target chronic tension in muscles that lie far below the body's surface, massage techniques involves slow stroke, direct pressure or friction movement that go across the muscle. Massage therapist will use their fingers, thumbs or occasionally even elbow to apply pressure. Deep tissue massage is an effective treatment to promote relaxation, relieve pain and stiffness.

Duration : 60 mins/ 90 mins

Price: Rs 8000 / Rs 9500

Prices are exclusive of taxes. We levy a 10% service charge.

Contemporary Massages

CLASSICAL SWEDISH MASSAGE

This restful and enriching treatment profoundly relaxes the muscles through subtle movements, eliminating fatigue as well as improving vascular circulation.

Duration: 60 mins / 90 mins
Price: Rs 7000 / Rs 9000

AROMA THERAPY

Experience the benefits of this massage with individually chosen essential oils in one of the finest anti-stress treatments. These oils are absorbed through the skin and carried to the muscle tissue, joints and organs. This massage focuses on acupressure points and helps to strengthen the nervous system and restore lost energy.

Choice of oils – Happiness, Freedom, Spirituality, Innocence

Duration: 60 mins / 90 mins
Price: Rs 8000 / Rs 9500

SHAHI ROSE AROMA

THERAPY

Experience the benefits of this massage with a specially curated rose oil in one of the finest anti-stress treatments. Rose oil contains essential nutrients stimulating skin regeneration and renewal. Transcend yourself into an equilibrium of peace as you enjoy the essence of rose tea after the therapy.

Duration: 60 mins / 90 mins
Price: Rs 10000 / Rs 12000

Prices are exclusive of taxes. We levy a 10% service charge

TRADITIONAL SCALP MASSAGE

Our therapist works on the upper back, face, head, and lightly on the shoulders, using a combination of gentle pressure strokes. The massage focuses on vital energy points. This compact treatment using olive oil relieves stress, headaches, helping one relax and increase blood circulation.

Duration: 30 min

Price: Rs. 4500

BACK MASSAGE

Focused on the stressed back and neck muscles, our back treatment consists of acupressure applied on both sides of the spine, the lower back, towards the shoulders and neck. This massage uses essential oils to relieve built-up stress.

Duration: 30 mins

Price: Rs. 4500

Foot Massage

Foot Massage is a therapeutic technique involving the manipulation of the feet to apply pressure to specific area, aims to promote relaxation, relief tension and enhance overall wellbeing

Duration: 30 mins

Price: Rs. 4500

Body Polishes

RICE & OAT SCRUB

A mild scrub made with locally sourced rice, oats and milk used as a soft exfoliate that gently removes dead skin cells, grime and pollutants. The scrub leaves the skin feeling incredibly clean and refreshed.

Duration : 40 mins

Price : Rs 4500

TRADITIONAL SEA SALT BODY SCRUB

Enjoy a full body exfoliation using Thailam (oil) and Sea Salt (Laban), for an ultimate body glow. Your body is briskly polished with a combination of coarse salt and essential oils to remove the top layer of dead skin and stimulate circulation.

Duration : 40 mins

Price : Rs 4500

Prices are exclusive of taxes. We levy a 10% service charge.

Skin Care and Facial

MILK AND HONEY FACIAL

Through history, milk baths have been used by royalty to improve the skin tone and texture. Natural lactic acids in milk gently exfoliate dead skin cells and invigorate new skin. Honey enhances the moisturizing experience.

Duration: 35 mins
Price: Rs 3500

SAFFRON AND ALMOND FACIAL

The face is gently cleansed with milk and then polished with saffron or kesar. Fragrant saffron or kesar is best known for its power of reducing facial lines. Almonds enhance the glow.

Duration: 35 mins
Price: Rs 4000

Prices are exclusive of taxes. We levy a 10% service charge.

Rules & Regulations

HOURS OF OPERATION

Gymnasium, Sauna and Steam	Daily	06 : 00 - 22 : 00 hrs
Spa Treatments	Daily	08 : 00 - 22 : 00 hrs
Hair Salon	Daily	10 : 00 - 20: 00 hrs

SPA ADMISSION

All guests of Ran Baas, The Palace are entitled to use the Spa facility during their stay. This includes the use of fitness rooms, sauna, steam, whirlpool and swimming pool. Using of the Spa facilities by the members is restricted. Entry to the treatment rooms and massage areas for guests will only be by appointment.

SPA BOOKING

We recommend that you book well in advance of your arrival to secure your preferred date and time of treatment. A credit card number is required at the time of booking, but no charges will be made until you have checked out of the spa.

SPA ETIQUETTE

Aura is a retreat for your body, mind and spirit. Out of consideration for others, we request that visitors keep noise to a minimum. Dedicate your time at our spa retreat for complete relaxation. Switching off cellular phones and other electronic devices disconnects you from the world and would help take your mind off worldly concerns.

Children below 16 are not permitted within the Spa and Gym area.

SPA ARRIVAL

Please arrive well in time for your appointment so you can be completely relaxed.

Please do not eat at least 30 minutes prior to your appointment.

To further enhance your treatment, we recommend you unwind at our poolside, or in our relaxation area.