



AURA

Aura invites you to world of complete relaxation, where gentle hands help restore and rejuvenate your mind and body, while you reconnect with your spirit. Our luxurious spa has been inspired by the architecture of the Mughal era using shells, slate and mosaics. It is within the walls of our four therapy, colored in hues shades of green, that pure essential oils blended with handpicked ingredients are used to purify and detox your body. Our Spa therapists have extensive training in a variety of styles and massages that can be customized to suit your requirements. The treatments at Aura are created using the “panch-mahabhuta” concept, which harness the power of the five elements of nature, to ensure your holistic well-being.

OUR INGREDIENTS

The Aura treatment philosophy is holistic. Our ingredients are a careful selection of naturally grown products, best known for their scientific properties and ancient wisdom, and are completely devoid of chemicals. Please choose from four exotic blends of massage oils exclusively developed by Aura, with a base of cold pressed sesame or gingili oil, to best compliment your mood.

HAPPINESS

Fragrant oil with floral notes and extracts of rose, ylang-ylang and jasmine. This oil has sedative properties, is a good emollient for the skin and inspires positive thoughts.

FREEDOM

An invigorating blend of lemongrass, rosemary and peppermint, which aids in combating fatigue and relieves muscular pain.

SPIRITUALITY

A refreshing blend of clove, thyme and spearmint, which detoxifies while dispelling negative emotions and calms the senses.

INNOCENCE

A sweet, fulfilling mélange of sweet basil, chamomile and patchouli, which reduces cellulite, improves blood and vascular circulation while working against anxiety and depression.

TAXES AND SERVICE CHARGE AS APPLICABLE

OUR SIGNATURE RITUALS

AURA AWAKENING

Our signature ritual begins with the Aura Massage which combines the therapeutic disciplines of ancient traditions and western practices. Firm yet gentle strokes, using a warm blend of essential oils, promotes blood circulation, effective distribution of nutrients and boosts your immunity.

Following this is a blissful face massage, where your skin is first cleansed using extracts of Red Wine and then massaged with heated crystals such as Jasper and Carnelian to foster positive emotions and make your facial skin firm and toned.

Finally a divine Vanilla Crème Wrap envelops your body. Created by blending coconut cream with vanilla to rehydrate the skin, improve tone and elasticity and protect it from sun damage, this wrap is a delicious finish to this luxurious treatment.

This treatment package includes:

Aura Massage - 1 hour and 15 minutes

Crystal Calm Face Massage - 30 minutes

Vanilla Kiss Body Wrap - 45 minutes

Duration - 2 hours and 30 minutes

Price - Rs. 8999/-

HEALING HOT GEMS BODY MASSAGE

The ancient Japanese massage art form, Shiatsu, is coupled with a heated gemstone therapy that harnesses the mystical properties of precious stones such as Jasper for self-preservation and Obsidian to ward against negative energy. This intense treatment relieves tension in your muscles and eases lower back aches and stiff shoulders.

Duration - 60 minutes

Price - Rs. 4900/-

TAXES AND SERVICE CHARGE AS APPLICABLE

KINDLED CRYSTAL FACIAL THERAPY

This treatment begins with an organic fruit scrub, rich in enzymes, followed by a face massage using 20 heated crystals, such as Aventurine to induce relaxation, Carnelian to bestow courage and Jade to create calm and balance. The treatment is completed by applying a clay mask to restore facial luster, leaving your skin feeling firmer and relaxed. This facial is suitable for all skin types.

Duration – 60 minutes

Price – Rs. 3999/-

BODY MESSAGES

AURA MESSAGE

A fusion of Ayurveda and European techniques, this treatment specializes in draining and muscle manipulation by using warm sesame or essential oil, aids in removing fatigue, improves vascular circulation through special attention to the calves and feet, while promoting effective distribution of nutrients.

1 hour 30 minutes. Rs. 5499/-

HAWAIIAN HEALING

A massage inspired from Hawaii, this treatment is performed by using the hands, palms and elbows in rhythmic movements. The blend of oils, customized to suit your mood, is massaged into your skin in order to ease and loosen muscles, reduce tension, elevate you from anxiety, fear and negative thoughts and leave you feeling totally relaxed and refreshed.

60 minutes. Rs. 4499/-

CLASSICAL SWEDISH MASSAGE

This calming and enriching olive oil treatment thoroughly relaxes your muscles through soothing massage strokes, which eliminate fatigue as well as improve your vascular circulation.

60 minutes. Rs. 4499/-

TAXES AND SERVICE CHARGE AS APPLICABLE

BALINESE JASMINE

We use a variety of Balinese techniques including skin rolling, kneading, acupressure and long soothing strokes, performed in a rhythmic manner to stimulate the flow of blood, oxygen and 'qi' (energy), around your body, to finally bring deep relaxation and wellness.

60 minutes. Rs. 4499/-

THE GOODNESS OF ABHYANGA

This treatment is inspired by the Ayurvedic massage techniques of Abhyanga. Here a blend of warm essential oil is applied liberally over your body in rigorous strokes, leaving you rejuvenated and soft skinned.

45 minutes Rs. 3499/-

AWAY WITH STRESS

Our therapist focuses on your upper back, face and head and lightly on the shoulders, using a combination of gentle pressure, thumb draining and techniques that focus on vital energy points. This compact treatment uses warm, medicated sesame oil to relieve stress and headaches and increases your blood circulation.

30 minutes. Rs. 2800/-

BACK REST

Our back treatment employs acupressure, which is applied on both sides of the spine, the lower back and towards the shoulders and neck. You can choose the oil best suited to your mood, from our custom-made range, which will then be massaged into your skin, to relieve and relax your stressed and aching muscles.

30 minutes. Rs. 2800/-

TRADITIONAL FOOT MASSAGE

This is a unique and elaborate treatment to moisturize, and soften your skin from your feet up to your knee. The acupressure points are stimulated with sesame oil to induce relaxation and ease tension.

30 minutes. Rs. 2499/-

TAXES AND SERVICE CHARGE AS APPLICABLE

REFLEXOLOGY

A stimulating treatment concentrating on the “reflex points” on the feet. This treatment restores your body’s harmony and energy while improving your blood circulation through unimpeded nerve functioning.

30 minutes. Rs. 1999/-

45 minutes. Rs. 2999/-

NATURAL FACIALS

REVIVE

A treatment for all skin types, this facial nurtures the skin leaving it healthy and glowing. Beginning with a gentle exfoliation using ‘semolina’ to remove dull surface skin cells, followed by a luxurious lymph drainage facial massage and is completed by applying a deep-cleansing, skin specific masque to rejuvenate and nourish your skin.

45 minutes. Rs. 2999/-

APPLICIOUS FACE TREATMENT

Hydrate and revitalize your skin with this facial, which promotes the skin’s absorption of active ingredients and vitamins. This facial uses soft sliced apple with golden honey on your skin leaving you looking radiant and delicious.

60 minutes. Rs. 3499/-

BODY SCURUBS AND WRAPES

SIMPLY RICE

Rich in amino acids and proteins, this combination of rice along with nourishing benefits of rose and milk will leave your skin nurtured and hydrated.

35 minutes. Rs. 2800/-

TAXES AND SERVICE CHARGE AS APPLICABLE

TUTICORIN SEA SALT BODY SCRUB

Myrrh and Frankincense, best known for their healing properties, have been used in treatments dating back to the era of the ancient Egyptian civilization. This treatment involves a full body exfoliation using a blend of essential oils of Myrrh and Frankincense, along with mineral-enriched sea salt from “ Tuticorin” a town in the south of Tamil Nadu.

Your body will be briskly rubbed with this blend, to remove the top layers of dead skin, leaving your skin soft, supple and radiant.

35 minutes. Rs. 2800/-

COFFEE AND CLOVES

Awaken your senses with a wrap that blends the goodness of Coffee rich in “caffeine” which increases the supply of oxygen to cells and “eugenol” present in Cloves, which is a special ingredient that protects the skin from the harmful effects of free radicals while being a mild anesthetic and a pain reliever. This blend is rubbed briskly into your skin to stimulate it and releasing toxins.

35 minutes. Rs. 2800/-

GO GREEN

Discover why your mother always told you to eat your greens. Green tea, with polyphenols, one of the best natural antioxidants is coupled with the rehydrating properties of aloe Vera to restore your skin and give you a glowing, youthful appearance.

35 minutes. Rs. 2800/-

SOOTHING PUMPKIN

Pumpkin, rich in beta-carotene, contains anti-oxidant Vitamins A and C, as well as zinc and alpha-hydroxyl-acids. These properties blended with the power of sesame seeds help to reduce the signs of aging while hydrating the many layers of your skin.

35 minutes. Rs. 2800/-

TAXES AND SERVICE CHARGE AS APPLICABLE

SPA GIFTS

Reward and pamper your employees, business partners, friends and family spouse with a gift voucher from Aura.

Our spa consultants will be happy to help you select 'well-being' packages, which can be presented in the form of personalized gift certificates. Go ahead and gift someone pure indulgence.

RULES & REGULATIONS

HOURS OF OPERATION

Spa Treatments & Sauna
Hair Salon
Gymnasium

Daily 0800 - 2000hrs.
Daily 0900 - 1800hrs.
24 x 7 access.

SPA ADMISSION

All room guests of The Park, New Delhi are entitled to use the Spa facility for the duration of their stay. This includes the use of Gymnasium, Sauna and Swimming pool. Using of the Spa facilities by members is restricted as per membership rules. Entry to the treatment rooms, massage areas for all guests will be by appointment. Walk-in guests with spa appointments are also entitled to use the lockers and sauna facilities.

SPA BOOKING

We recommend that you book well in advance of your arrival to secure your preferred date and time of treatment. A credit card number is required at the time of booking, but no charges will be made until you have checked out of the spa.

SPA ETIQUETTE

Aura is a retreat for your body, mind and spirit. Out of consideration for others, we request our visitors to keep noise to a minimum and dedicate your time at our spa retreat to complete relaxation. Switching off cellular phones and other electronic devices disconnects you from the world if only just for a few hours, but will help take your mind off all worldly concerns. Children below 16 are not permitted within the Spa and Gym area.

TAXES AND SERVICE CHARGE AS APPLICABLE

SPA ARRIVAL

Please arrive well in time for your appointment so you can be completely relaxed.

We request you not to eat 30 minutes prior to your appointment.

Gentlemen are advised to shave 3 hours prior to their facial treatment

To further enhance your treatment we recommend you to unwind at our terrace by the poolside, or in our relaxation rooms.

SPECIAL CONSIDERATION

If you have high blood pressure, heart conditions, allergies, are pregnant or have any other medical complications, may we advise you to consult your doctor before signing up for any spa services. Please make your spa therapist aware of any medical conditions.

SMOKING AND ALCOHOL

Out of consideration to other guests, please refrain from smoking and consuming alcohol within the spa premises. Alcohol dehydrates the body and will undo any hydrating benefits of our treatments. Guests under the influence of alcohol will not be entertained in the Spa.

VALUABLES

The management accepts no responsibility for the loss of money or valuables of any kind brought into the spa premises.

CANCELLATION POLICY

Please note that there is a cancellation fee of 50% if the treatment is cancelled less than 3 hours prior to the appointment. Similarly, missed appointments will be charged at 100% of the treatment price.

REFUND POLICY

Treatment packages are non-refundable, non-transferable and non-exchangeable.

TAXES AND SERVICE CHARGE AS APPLICABLE



RULES & REGULATIONS

Nestled in the heart of Delhi, Aura transports you to another world. Aura invites you to enjoy an experience of complete relaxation, guided by gentle hands that help you explore your inner world as they restore and rejuvenate your mind and body.

Aura brings you an unforgettable experience with handpicked Indian ingredients, which are used for their purifying and detoxifying properties. Allow our refined care and flawless personal service to relax the mind, restore the body and strengthen your spirit. Our Spa therapists are professionally and extensively trained in a variety of styles and massages that can be customize.

AURA SALON

ITEMS

RATES

Haircut Gents	700
Haircut Ladies	1120
Haircut Kids	560 Cut
Trim Gents	560 Cut
Trim Ladies	980
Hair Styling	1400
Blow Dry	840
Roller Set	1400
Hair Iron	1680
Shampoo Long Hair	700
Shampoo Short Hair	490
Shaving	490
Shaving style	560
Beard Trim	490
Head Shave	1400
Moustache Color	700
Beard Color	840
Eyebrow Color	700
Straightening	5600/8400 onwards
Rebonding	9440 onwards
Perming	5600/8400 onwards
Hair Oil Coconut	1260
Hair Oil Olive	1400
Hair Oil Aroma	1680
Henna Short/Long	1260/2100
Color Touch Up Gents	1680
Color Touch Up Ladies	2520
Color Application Full	1680
Color Application Root	980
Hair Color Short Hair	4900
Hair Color Long Hair	6300
Highlights Single Color	5600
Highlights Double Color	7000

TAXES AND SERVICE CHARGE AS APPLICABLE

KERATENE TREATMENT

ITEMS

RATES

Short Hair	5600
Medium Hair	7000
Long Hair	8400
Extra Long Hair	9800
Manicure	980
French Manicure	1330
Paraffin Wax Treatment	1260
Pedicure	1400
French Pedicure	1680
Paraffin Wax Treatment	1260
Nail Polish /Filing	280/280
Face Bleach	700
Body Bleach	4200
Face Clean Up	2100 (2520)
Face Pack	700
Eyebrow Threading	350
Upper lip Threading	280
Lower lip Threading	280
Chin Threading	280
Face Threading	980
Forehead Threading	350

WAXING REGULAR

ITEMS

RATES

Full Body	5600
Bikini	1120
Brazilian	1680
Legs (half/full)	630/910
Arms (half/full)	490/770
Underarm	420
Full Face	980
Eyebrow	350
Chin	350
Upper lip	350
Chest And Stomach	980
Back	1120

TAXES AND SERVICE CHARGE AS APPLICABLE

WAXING RICA

ITEMS

RATES

Full Body	7000
Bikini	1190
Brazilian	1820
Legs (half/full)	700/980
Arms (half/full)	560/840
Underarm	490
Full Face	1120
Eyebrow	490
Chin	420
Upper lip	420
Chest And Stomach	1120
Back	1260

Light Make Up	5600
Groom Make Up	5600
Eye Make Up	3500
Bridal Make Up	14000
Saree Drape	880
Hair Spa Gents	1960
Hair Spa Ladies	3080
Power Dose	1400
Hair Fall Control	1400

TAXES AND SERVICE CHARGE AS APPLICABLE



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