



aura

Aura invites you to world of complete relaxation, where gentle hands help restore and rejuvenate your mind and body, while you reconnect with your spirit.

At our luxurious spa, pure essential oils blended with handpicked ingredients are used to purify and detox your body. Our Spa therapists have extensive training in a variety of styles and massages that can be customized to suit your requirements. The treatments at Aura are created using the “panch-mahabhuta” concept, which harness the power of the five elements of nature, to ensure your holistic well-being.

Aura Hyderabad brings you a truly royal experience, where the opulence and indulgence of a by-gone era is recreated, solely for your pleasure.

Our seven therapy rooms are inspired by the exquisite diamonds and other precious jewels of the Nizams. Resplendent hues of white with shimmery crystal overtones cast a soothing glow over your personal haven. The couple and single suite therapy rooms also feature chromotherapy whirlpools and heated massage beds, while the wet areas host two Amethyst steam rooms which aid in harnessing clean, positive energy, improving blood circulation and congestion problems, relieving sore muscles and cleansing skin pores.

OUR INGREDIENTS

The Aura treatment philosophy is holistic. Our ingredients are a careful selection of naturally grown products, best known for their scientific properties and ancient wisdom, and are completely devoid of chemicals.

Please choose from four exotic blends of massage oils exclusively developed by Aura, with a base of cold pressed sesame or gingili oil, to best compliment your mood.

HAPPINESS

A fragrant oil with floral notes and extracts of rose, ylang-ylang and jasmine. This oil has sedative properties, is a good emollient for the skin and inspires positive thoughts.

FREEDOM

An invigorating blend of lemongrass, rosemary and peppermint, which aids in combating fatigue and relieves muscular pain.

SPIRITUALITY

A refreshing blend of clove, thyme and spearmint, which detoxifies while dispelling negative emotions and calms the senses.

INNOCENCE

A sweet, fulfilling mélange of sweet basil, chamomile and patchouli, which reduces cellulite, improves blood and vascular circulation while working against anxiety and depression.

OUR SIGNATURE RITUALS

Aura Awakening

Combining therapeutic disciplines of ancient traditions and western practices, this treatment nurtures and rebalances the five essential elements of the human constitution.

Dalim or a pomegranate scrub is used first to soften and cleanse the body and is followed by the signature Aura Massage. Warm sesame or gingili oil is used in harmonizing strokes blending ancient India and contemporary massage techniques, to improve blood circulation and boost immunity.

The experience is completed by a gentle face massage, which drains the lymph and leaves you luminous and rejuvenated.

This treatment package includes

Floral Foot Ritual

Signature Dalim Scrub

Aura Massage

Face Massage

Refreshment

2 hours 45 minutes • Rs 5500

Kindled Crystal Facial Therapy

This treatment begins with an organic fruit scrub, rich in enzymes, followed by a face massage using 20 heated crystals, such as Aventurine to induce relaxation, Carnelian to bestow courage and Jade to create calm and balance. The treatment is completed by applying a clay mask to restore facial luster, leaving your skin feeling firmer and relaxed. This facial is suitable for all skin types.

1 hour 15 minutes • Rs 3000

Healing Hot Gems Massage

The ancient Japanese massage art form, Shiatsu, is coupled with a heated gemstone therapy that harnesses the mystical properties of precious stones such as Jasper for self preservation and Obsidian to ward against negative energy. This intense treatment relieves tension in your muscles and eases lower back aches and stiff shoulders.

1 hour 15 minutes • Rs 4000

Government taxes & service charges as applicable

SPA PACKAGES

The Great Mughal

Rekindle that spark with this near-decadent, lover's rendezvous of complete indulgence and pampering.

We set the mood for you and your beloved, with the perfect music and ambience – dozens of perfumed candles that set The Great Mughal suite aglow. Then, while you both sink into a glorious Jacuzzi bath, filled with naturally enriched, floral scented spring water, a bottle of chilled Dom Perignon and a platter of aphrodisiac hors d'oeuvres are served to you, to further enhance your pleasure.

Water-soothed skin will then be pampered by a Diamond dust body polish - a combination of fruit extract, vitamin A and diamond powder, that will smoothen and make your skin firm, while acting as a natural moisturizer.

The indulgence continues with two age-old temptations - Chocolate and Caviar. A warm Chocolate body wrap uses the active enzymes of Cocoa to tighten your pores and maintain your skin's longevity, while a hydrating, protein rich Caviar facial leaves your face looking smooth, luminescent and your fine lines almost diminished.

The experience is heightened with a customised Aromatherapy massage using your pick from 12 different aroma oils each with unique properties.

We then leave you to relax and work up an appetite with a short siesta in the couple's suite while our Chef conjures up a magical, customized four-course dinner/lunch with wine for you at Aqua. Our Chef will meet with you to create your customized menu at the time of booking the package.

5 hours (including Lunch or Dinner) • Rs 1,00,000

- Floral scented, spring water bath for 30 mins
- Diamond Dust Body Polish for 30 mins
- Hot Chocolate Wrap and Caviar Facial for 1 hour 15 mins
- Aromatherapy Massage for 60 minutes

Dayar-e-isque

Step into our couple's suite in the shimmery hues and sparkle of crystals and diamonds. Sink into the extravagant chromotherapy whirlpool and then bask in the warmth of a heated massage bed while you and your partner are pampered to the maximum, in this luxurious, private room for two.

2 hours 30 minutes • Rs 7200

- Choice of massages from Swedish, Balinese Jasmine Remedy and Revitalize - 60 minutes
- Customized facial to best suit your skin, for one hour
- Gul Afshaan, a bath using rose petals for 30 minutes
- A glass of fresh juice or herbal tea

For every extra 30 minutes there will be an additional charge of Rs 800.

The Nawabi Experience

This luxurious pampering session has been created using traditional South Indian ingredients. Treat yourself to "Ubtan" a body polish with mustard seeds, turmeric, rose powder and saffron followed by a customized massage with a range of detoxifying oils.

Experience an express Crystal Face Massage, personalized to suit your skin and sink into a glorious herbal bath while sipping on a soothing cup of lemongrass tea.

2 hours 30 minutes • Rs 4500

- Ubtan - 30 minutes
- Choice of massages from Swedish, Balinese Jasmine Remedy and Revitalize - 60 minutes
- Crystal Face Massage - 30 minutes
- Heena and Khus - Khus Bath - 30 minutes

Restore

Enliven your senses with a delicious, nurturing Nilgiri Honey Wrap followed by a Hawaiian Healing massage and unwind with a refreshing cup of Herbal Tea served to you while you soak in the fragrant Nargis bath, perfumed with Jasmine petals and freshly crushed Vanilla beans.

2 hours 15 minutes • Rs 4100

- Nilgiri Honey Wrap - 45 minutes
- Hawaiian Healing - 60 minutes
- Nargis Bath - 30 minutes

Shingaar

Surrender to the ultimate indulgence in the realm of skin pampering. An apricot scrub mixed with aloe vera to shed dead cells, followed by a fruit-based rehydrating mask, will restore the blood flow to your skin.

Gently rejuvenate your skin with an express facial known for its restorative properties, which includes a molasses-enriched brown sugar face scrub and a seasonal fruit-based face pack along with mineral mud that is rich in antioxidants, followed by a mini manicure. Of course no indulgence is complete without a dash of something new and exciting- treat yourself to a completely new hair style or strengthen your hair with a Deep Hair Conditioning in our Salon.

3 hours • Rs 4850

- Apricot Scrub - 35 minutes
- Fruit Wrap - 45 minutes
- Express Facial - 30 minutes
- Mini Manicure - 30 minutes
- Hair - 45 minutes

Indulge

Show yourself some love with a choco-fruit scrub, followed by an aphrodisiacal aromatherapy massage and a complete revitalization in our specialized chromotherapy whirlpool, filled with milk and rose petals. A strawberry delight and a glass of fresh juice will complete your indulgence.

- Choco fruit scrub for 30 minutes
- Aromatherapy Massage for 60 minutes
- Gul –Afshaan Bath for 30 minutes
- Strawberry Delight and a glass of fresh juice

2 hours • Rs 4850

A Zen Day

Discover a day of Zen with this incredibly indulgent treatment package. Start the day with skin enhancing rituals, de-stress through an hour of massage, pamper your skin with a luxurious facial suited to your skin type and then take a dip in our Swimming pool. Sate your palette with a scrumptious yet healthy lunch followed by a fresh juice and revamp yourself at our Salon with either a new hairstyle or gorgeously tinted nails. Go ahead, take time off and enjoy this fabulous getaway!

Day Package • 4 hours 30 minutes • Rs 7500

- Customised Scrub and Wrap – 1 hour 15 minutes
- Choice of massage from Hawaiian Healing, Balinese Jasmine Remedy and Revitalize - 1 hour
- Hairstyle or Manicure - 1 hour
- Choice of facial from Pevonia - 1 hour 15 minutes

Surur-e-dulhana – For The Bride

Aura understands the importance of looking and feeling your best on the most important day of your life. Our bridal package is designed to help you keep calm and look gorgeous.

• Rs 25000

A five day wholesome and holistic retreat preparing you for looking and feeling your best on the most important day of your life.

- Day 1 - Salt scrub, followed by an hour of customized massage and a Crystal face healing ritual to revive your facial luster.
- Day 2- Manicure, Pedicure, Waxing, Head massage with a hair pack and a Crystal face healing.
- Day 3 - Crystal face healing and a rehydrating body wrap.
- Day 4 - Hair Treatment using herbs to strengthen and perfume your hair in a traditional way, threading followed by a Crystal Bodywork treatment to relieve your aching muscles.
- Day 5 - Traditional Ubtan treatment followed by a Brightening Facial using Vitamin C and Hyaluronic Acid to hydrate, correct photo-damage and drench your skin with repairing antioxidants for a revitalized, youthful appearance. The day's treatment is finished with a hair wash and blow-dry.

Masarrath-e-dulha – For The Groom

This is the perfect package to help you calm your senses and help you look your very best on your special day.

• Rs 20000

- Day 1 - Salt scrub, followed by an hour of Crystal Bodywork to relieve aches and pains followed by a Brightening Facial to restore your facial luster.
- Day 2 - Special Paraffin Nail Care followed by a reviving Crystal Bodywork and a haircut.
- Day 3 - Crystal Face Healing, Hair Treatment and a Salt Scrub.
- Day 4 - Crystal Face Healing and a rehydrating body wrap.
- Day 5 - Crystal Face Healing and a Stress Buster Massage.

Note: The order of the days can be customized according to your convenience
One month customized wedding packages are available based on prior consultation.

Government taxes & service charges as applicable

AURA BATH SELECTION

Hamam

Inspired by the Persian tradition of opulence and luxury, we have created a special bath menu, that will have you feeling like royalty in no time.

Subah

Subah, the Urdu word for morning, is a concoction of our revitalizing and invigorating bath salts. These bath salts are a beautiful medley of the essences of rosemary, mint and lemon grass- the perfect way to combat fatigue, keep the effects of jet lag at bay and give you that much needed pick-me-up.

30 minutes • Rs 950

Heena and Khus-Khus

A sedative blend of Heena powder and Khus-Khus wash over your body while working towards boosting your immunity system and lulling you into a peaceful slumber. The benefits of this bath also include skin rehydration, skin firming and antibacterial properties that will leave you enriched for days after!

30 minutes • Rs 950

Gul – Afshaan

This bathing ritual involves bath water that is perfumed by rose petals, transcending from the royal era, and unveils the beauty and aphrodisiac benefits of the king of flowers.

30 minutes • Rs 950

Nargis

A heady concoction of Jasmine and freshly powdered vanilla beans blends with your bath water to generate positive emotions, nurture your health while rejuvenating your skin and leaving it lustrous.

30 minutes • Rs 950

All our baths are accompanied with an herbal poultice.

All prices are subjected to applicable taxes.

Pevonia Botanica Facials

Pevonia Botanica is an internationally renowned brand. These facial treatments unite the finest natural marine and botanical ingredients with advanced delivery systems for maximum absorbency and truly phenomenal results.

Optimal “C” Complex Brightening Skin Facial for a radiant complexion

Revive your skin's radiance with this rejuvenating “C” Complex-based facial treatment. A unique microemulsified gel is applied on your face to smoothen and brighten your skin, while ingredients such as Vitamin C and Hyaluronic Acid work together to hydrate, correct photo-damage, reduce fine lines and drench your skin with repairing antioxidants for a revitalized, youthful appearance.

1 hour • Rs 3000

Complex Collagene Skin Facial

Say goodbye to wrinkles with this facial treatment, which prevents the deterioration of skin and the appearance of lines. This facial treatment provides the epidermis with nourishing elements necessary to help slow down the ageing process, by using a hydrating aqueous concentrate that smoothes the fine lines and fights against skin slackening and improves elasticity. Stay forever young with this facial.

1 hour • Rs 3500

Spa Papaya HydraSoothe Facial

Specially formulated for teenage skin, this facial restores vital skin health and hydration that has been stripped away by an active lifestyle and harsh effects of the sun. The treatment begins with a mild exfoliating cleansing, followed by a Pevonia-exclusive enzyme peel, superbly effective in removing deep clogging, blackheads and dead cells accumulation. This deep cleansing process is then complemented by the application of a deeply hydrating and desensitizing papaya mask, which contains a natural blend of skin replenishing and calming ingredients. This treatment is recommended for all skin types, including sensitive skin.

1 hour • Rs 3000

Propolis Concentrate Skin Facial

Rich in natural antibiotics, this Propolis-based facial is guaranteed to decongest, desensitize and heal your acne prone skin. A microemulsified gel with a light texture is applied to your face to strengthen your fragile facial skin, improve its micro circulation and control breakouts. This facial treatment is ideal for all skin types, especially acne- prone and sensitive skin. Go ahead and enjoy being radiant.

1 hour • Rs 3200

Soothing Sensitive Skin Facial

Cool, calm and soothe your skin with this facial treatment. Specially formulated for sensitive skin, this facial immediately removes stress and irritation from your skin with a balanced combination of calendula, aloe vera and allantoin. These ingredients harmoniously blend with other key agents to diffuse your skin's redness and irritation, leaving you with a healthy glow and a smooth appearance.

1 hour • Rs 2800

Rejuvenating Dry Skin Facial

Turn back the clock with this rich and creamy facial that immediately counteracts dryness to give your skin a smooth, youthful and radiant glow. Moisture-bonding Hyaluronic Acid hydrates, while Vitamin E and Carotene act as repairing emollients to revitalize your skin and shave years off your face.

1 hour • Rs 2800

THE FIVE ELEMENTS

Earth or “Prithvi”

Attributing to the base or foundation, the elements of earth provide structure to the cells as they manifest in the solid structure of the complex human body.

This range of treatments boosts cellular renewal and strengthens the immunity system.

CONTEMPORARY APPROACHES

Aura Massage

A fusion of Ayurvedic and European techniques, this treatment specializes in draining and muscle manipulation by using warm sesame oil, aids in removing fatigue, improves vascular circulation through special attention to the calves and feet, while promoting effective distribution of nutrients.

1 hour 30 minutes • Rs 3500

Bodywork

Experiment with a unique treatment that employs bodywork based on long, slow, t'ai chi like strokes to awaken your senses and instill awareness. As your tissues open under the warmth of touch, the contact deepens, encouraging coiled muscles to expand in movement. The treatment is completed by unleashing a relaxing sigh, which resounds through your body leaving it de-stressed and peaceful.

1 hour 30 minutes • Rs 3550

BODY POLISHES, WRAPS AND PACKS

Simply Rice

Rich in amino acids and proteins, this combination of rice along with nourishing benefits of rose and milk will leave your skin nurtured and hydrated.

30 minutes • Rs 1500

Banana Crème

Banana is known as a vital source of Zinc and Potassium, which are the essential building blocks of cells. This wrap will cocoon your skin with these vital ingredients along as well as enrich your skin with the enhancing properties of milk cream.

45 minutes • Rs 1800

FACIALS

Moisture Splurge

Through history, milk baths have been used to improve the skin's tone and texture. Natural lactic acids in milk gently exfoliate dead skin cells and invigorate new skin while honey enhances the moisturizing experience.

60 minutes • Rs 2500

Space or “Akash”

Reflecting vibrational interaction from the environment, elements of space are present in all cells and corresponds to spaces within the body such as the mouth, nostrils and abdomen

These treatments are known for their detoxifying and purifying properties, aiding in a release of pent up emotions and restoring of vital energy or “Prana”.

CONTEMPORARY APPROACHES

Thai Massage

The Thai massage is a clothes-on treatment that will stretch, energize and relax you all at the same time. Also called “Lazy Man’s Yoga”, this traditional massage from Thailand is performed on a special floor mat. Our therapist uses different techniques to stretch your body into various yoga-like positions in order to address blocks in energy and stress release, while increasing the flexibility of your muscles. No oils are used during this treatment.

60 minutes • Rs 2500

Hawaiian Healing

A massage inspired from Hawaii, this treatment is performed by using the hands, palms and elbows in rhythmic movements. The blend of oils, customized to suit your mood, is massaged into your skin in order to ease and loosen muscles, reduce tension, elevate you from anxiety, fear and negative thoughts and leave you feeling totally relaxed and refreshed.

A soothing cup of Hibiscus Tea heightens the experience as you slip further into tranquility with every sip.

60 minutes • Rs 2500

BODY POLISHES, WRAPS AND PACKS

Tuticorin Sea Salt Body Scrub

Myrrh and Frankincense, best known for their healing properties, have been used in treatments dating back to the era of the ancient Egyptian civilization.

This treatment involves a full body exfoliation using a blend of essential oils of Myrrh and Frankincense, along with mineral-enriched sea salt from “Tuticorin“ a town in the south of Tamil Nadu.

Your body will be briskly rubbed with this blend, to remove the top layers of dead skin, leaving your skin soft, supple and radiant.

25 minutes • Rs 1500

Godavri Touch

The River Godavari is revered by Indians as sacred and with purifying properties.

Godavari Touch invites you into a blissful cocoon of silted clay from the Godavari laced with a combination of Lavender, Geranium and Grape seed oils, which will tone and improve your complexion while smoothening your skin. This treatment is completed by a nourishing body lotion application.

1 hour 10 minutes • Rs 2200

FACIALS

Aromatherapy

The aromatherapy facial harnesses the healing power of essential oils such as tea-tree, geranium and vetivert to extract impurities, nurture new cells and maintain your skin's natural ph balance while enhancing your psychological and physical well-being. The oils are customised to your skin's requirements.

60 minutes • Rs 2000

Air or “Vayu”

Contributing to circulation, the elements of air represent the forces that set the universe in motion. In reference to the body, air is the force that moves the blood through vessels, wastes from the body and thoughts through the mind. It also denotes the muscular movements of the body.

These treatments improve blood and lymph circulation while restoring health and well being.

CONTEMPORARY APPROACHES

Classical Swedish Massage

This calming and enriching olive oil treatment thoroughly relaxes your muscles through soothing massage strokes, which eliminate fatigue as well as improve your vascular circulation.

60 minutes • Rs 2500

Balinese Jasmine Remedy

We use a variety of Balinese techniques including skin rolling, kneading, acupressure and long soothing strokes, performed in a rhythmic manner to stimulate the flow of blood, oxygen and ‘qi’ (energy), around your body, to finally bring deep relaxation and wellness. A cup of light, flavour-filled jasmine tea is served after the treatment to stimulate the metabolic process and hasten the pace.

60 minutes • Rs 2800

BODY POLISHES, WRAPS AND PACKS

Sugary Delight

A delicious skin treatment that harnesses the exfoliating properties of brown sugar to help remove dead cells from the skin. This treatment uses a base oil consisting of extracts of Vitamin E and sesame oil to improve blood flow, replenish the lost moisture and leave you with gorgeous skin.

30 minutes • Rs 1500

Hot Chocolate

An absolutely sinful way to soothe your senses and tempt your taste buds all at once. This wrap uses Cocoa to promote circulation by increasing the supply of oxygen and removing the toxins from the skin, while toning and firming up the skin's tissues. And they say chocolate is bad for the skin!

60 minutes • Rs 2500

FACIALS

Revive

A treatment for all skin types, this facial nurtures the skin leaving it healthy and glowing. Beginning with a gentle exfoliation using 'semolina' to remove dull surface skin cells, followed by a luxurious lymph drainage facial massage and is completed by applying a deep-cleansing, skin specific masque to rejuvenate and nourish your skin.

60 minutes • Rs 2000

Fire or “Agni”

Fire is the universal force in nature that produces heat and radiates light. The element of fire in the body regulates metabolic processes and the cells by controlling the functioning of various enzymes.

This range of treatments focuses on enhancing the glow, luster and sheen of the skin while inducing warmth in the body.

CONTEMPORARY APPROACHES

Away with Stress

Our therapist focuses on your upper back, face and head and lightly on the shoulders, using a combination of gentle pressure, thumb draining and techniques that focus on vital energy points. This compact treatment uses warm, medicated sesame oil to relieve stress and headaches and increases your blood circulation.

30 minutes. Rs 2000

Back Rest

Our back treatment employs acupressure, which is applied on both sides of the spine, the lower back and towards the shoulders and neck. You can choose the oil best suited to your mood, from our custom-made range, which will then be massaged into your skin, to relieve and relax your stressed and aching muscles.

30 minutes • Rs 1800

BODY POLISHES, WRAPS AND PACKS

Lemon and Mint Treat

The Lemon and Mint Treat skin care regime tightens your skin pores with a tangy lemon and mint scrub, enriched with Vitamin C and antioxidants that ensures supple and youthful skin.

35 minutes • Rs 1500

Ubtan

An age old Indian recipe passed down from generations to preserve your skin's youth. This skin treatment uses a blend of Bengal gram flour, powdered rose petals, sandalwood, lemon, mustard seeds and saffron to leave your skin healthy and beautiful.

45 minutes • Rs 2000

FACIALS

Applicious Face Treatment

Hydrate and revitalize your skin with this facial, which promotes the skin's absorption of active ingredients and vitamins. This facial uses soft sliced apple with golden honey on your skin leaving you looking radiant and delicious.

60 minutes • Rs 2000

Water or “Jal”

Symbolizing replenishment or moisture, water has the property of flowing and holding the things together. The basic element of water is present in all body fluids, such as, plasma, saliva, digestive juices and enzymes.

This range of treatments rehydrates and restores the skin’s moisture balance.

CONTEMPORARY APPROACHES

Revitalize

A full body massage that addresses your aching needs – this treatment relieves sore muscles, aching joints and calms frazzled nerves. An invigorating blend of essential oils coaxes the weight of the world from your shoulders, back and feet as you unwind during this soothing customized massage.

60 minutes • Rs 2500

Reflexology

A stimulating treatment concentrating on the “reflex points” on the feet. This treatment restores your body’s harmony and energy while improving your blood circulation through unimpeded nerve functioning.

30 minutes • Rs 1500

45 minutes • Rs 1800

BODY POLISHES, WRAPS AND PACKS

Go Green

Discover why your mother always told you to eat your greens. Green tea, with polyphenols, one of the best natural antioxidants is coupled with the rehydrating properties of aloe vera to restore your skin and give you a glowing, youthful appearance.

35 minutes • Rs 1500

Soothing Pumpkin

Pumpkin, rich in beta carotene, contains anti-oxidant Vitamins A and C, as well as zinc and alpha-hydroxy-acids. These properties blended with the power of sesame seeds help to reduce the signs of aging while hydrating the many layers of your skin.

45 minutes • Rs 2000

FACIALS

The Kesar Kulfi

Indulge in a beauty treatment that uses a blend of fragrant saffron or 'Kesar', best known for its power of reducing facial lines, and nourishing almonds. The face is gently cleansed with milk, and then polished with semolina, leaving you looking and smelling heavenly.

60 minutes • Rs 2500

SPA GIFTS

Reward and pamper your employees, business partners, friends and family spouse with a gift voucher from Aura.

Our spa consultants will be happy to help you select 'well-being' packages, which can be presented in the form of personalized gift certificates. Go ahead and gift someone pure indulgence.

Rules & Regulations

Hours of Operation

Gymnasium, Steam and Whirlpool	Daily	06:00 – 22:00 hrs
Spa Treatments	Daily	08:00 – 22:00 hrs
Hair Salon	Daily	08:00 - 20:00 hrs

Spa Admission

All room guests of The Park, Hyderabad are entitled to use the Spa facility for the duration of their stay. This includes the use of fitness rooms, Steam, whirlpool and swimming pool. Using of the Spa facilities by members is restricted as per membership rules. Entry to the treatment rooms, massage areas for all guests will be by appointment. Walk-in guests with spa appointments are also entitled to use the lockers, steam and whirlpool facilities.

Spa Booking

We recommend that you book well in advance of your arrival to secure your preferred date and time of treatment. A credit card number is required at the time of booking, but no charges will be made until you have checked out of the spa.

Spa Etiquette

Aura is a retreat for your body, mind and spirit. Out of consideration for others, we request our visitors to keep noise to a minimum and dedicate your time at our spa retreat to complete relaxation. Switching off cellular phones and other electronic devices disconnects you from the world if only just for a few hours, but will help take your mind off all worldly concerns. Children below 16 are not permitted within the Spa and Gym area.

Spa Arrival

Please arrive well in time for your appointment so you can be completely relaxed.

We request you not to eat 30 minutes prior to your appointment.

Gentlemen are advised to shave 3 hours prior to their facial treatment

To further enhance your treatment we recommend you to unwind at our terrace by the poolside, or in our relaxation rooms.

Special Consideration

If you have high blood pressure, heart conditions, allergies, are pregnant or have any other medical complications, may we advise you to consult your doctor before signing up for any spa services. Please make your spa therapist aware of any medical conditions.

Smoking and Alcohol

Out of consideration to other guests, please refrain from smoking and consuming alcohol within the spa premises. Alcohol dehydrates the body and will undo any hydrating benefits of our treatments.

Valuables

The management accepts no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Cancellation Policy

Please note that there is a cancellation fee of 50% if the treatment is cancelled less than 3 hours prior to the appointment. Similarly, missed appointments will be charged at 100% of the treatment price.

Refund Policy

Treatment packages are non-refundable, non-transferable and non-exchangeable.